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Winter's winds! Where do the winds of winter come from and why? In the northern portion of the United States and eastern Canada they come from the northwest, while in the southern portion of this country they blow from the north and northeast. This is because in winter the air pressure is high over the interior of North America, with the center lying over the Dakotas and the adjacent Canadian provinces. Air flows away from the center of a high pressure area --- outward and clockwise. This results in wind directions as stated above. The variations are caused by storms or cyclones as they sweep over the continent.
