

For Release                      By Major A. H. Thiessen  
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Cooling breezes! How often we hear the expression: "Isn't that a nice cool breeze?" Yet the temperature of the air borne by the breeze is about the same as that of the air before the breeze sprang up. The cooling effect is due simply to a more rapid evaporation of body moisture. If the skin of our bodies, or any other surface, was perfectly dry, the breeze would have no cooling effect at all. It is often more necessary to have the air circulate than to get fresher air to avoid heat prostration. It is seldom that air becomes so vitiated as to be unwholesome.

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