

For Release
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Yachting and the wind! Good sailors watch not only the wind but also the sea. It is especially necessary to watch them when wind and sea are both abeam --- that is, against the same side of the boat. The danger of capsizing is due to a boat's being heeled over to some extent by the wind; then, if a big roller comes along, she will heel over more and perhaps capsize. The vigilant boat captain avoids these conditions if possible. But if he can not, and a big wave comes along, he will put up the helm, thus throwing the boat more before the wind so that the roller will strike more astern.
