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Winter's sun! Generally one thinks of winter as a time for lots of clothes. But many take sun baths in comfort in the dead of winter. In sheltered valleys of the high Alps arrangements are made for patients, nearly nude, to take sun baths amid snow and ice. They are warmed sufficiently by the radiations from the sun which come through the pure, dry air much stronger than at lowlands where the air is less pure. Even in the polar regions and on mountains travelers sometimes actually suffer from the heat and glare from the untempered rays of the sun. Sunburn is quite common on mountains with air temperatures around zero, and face masks are often necessary.
