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Going swimming! The enthusiastic swimmer must wait until late in the spring or early summer before he finds comfortable water temperatures in lakes and rivers, especially in the North. This is because as the surface waters warm up and approach 39 degrees (which is the temperature of greatest density of water) they sink, and the colder under-surface layers rise. These in turn become heated and sink, while others rise again. This process continues until the whole river or lake mass is heated to 39 degrees. Then the surface layers become warmer and warmer and stay where they are. The swimmers must simply wait until comfortable temperatures are reached.
