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Night air! Shakespeare wrote of "the poisonous damp of night," and in our time there are some who still believe that night air is injurious. This belief is probably due to the fact that the mosquito causing malaria flies and feeds at night. Night air is generally more pure than day air, as there are fewer fires and less traffic. As early as 1860 Florence Nightingale, the famous English nurse, wrote of the fallacy that night air injured anyone; she admonished all to sleep in well-ventilated rooms, which is excellent advice today. It is thought that the fall of Greece was due to the prevalence of malaria, as the Greeks had at that time no quinine, a South American product.