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Climate and energy! Studies show that climate is intimately associated with man's energy, development and resistance to disease. Human growth is accelerated under conditions of stimulating climate and when and where the body readily loses heat. Statistics show that human weight, per inch of height, is greater in cool, stormy regions. The decline in human development during the Dark Ages in Europe is attributed to the warm conditions then prevailing; while, on the other hand, the same warm conditions acted as a stimulus to people farther north. The Vikings, for example, relieved of their long hard winters, went far afield to settle other lands.
