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Mountain shelters! If a region is sheltered from the wind, it provides a climatic retreat. Man often builds walls to protect his gardens from the winds. Nature provides mountain ranges which give protection on a big scale. The Mediterranean area is the best example. The east-to-west mountain ranges on the north gives so much protection that its resorts for invalids and others seeking to escape the rigors of more severe climates are famous. The Himalayas also protect the plains of India. Since the mountain ranges in North America trend north and south, no protection from that source is provided. Nevertheless there are places here, famous for mild climate.
